

Ina Ina

Romania (Dobrogea)

Ina Ina (EE-nah EE-nah), meaning "Come Come", is from the Aroman community of Romanian Dobrogea. It was taught by Sonia Dion and Cristian Florescu at the May 10, 2010 Berkley Folk Dancers' workshop and at the 2010 Stockton Folk Dance Camp.

Music: CD: *Sonia Dion & Cristian Florescu, Romanian Realm, Vol. 5, Band 9.* 2/4 meter

Formation: Mixed open circle facing ctr, hands joined slightly forward in W-pos.

Steps and Styling: Lively, mostly with a regular up-down movement of the body and arms, as knees straighten on each count and flex on the &s.

Measure	2/4 meter	PATTERN
1-16	<u>INTRODUCTION</u> (Up-Down movement in place.)	
	I. <u>STEP-LIFTS AND GRAPEVINE</u> (Solo man sings.)	
1	Facing ctr, step R to R (ct 1); raise L fwd 45-deg, knee slightly bent (ct 2).	
2	Repeat meas 1 with opp ftwk.	
3	Step R to R (ct 1); step L across behind R (ct 2).	
4	Facing slightly R of ctr, step R to R (ct 1); step L across in front of R (ct 2).	
5-16	Repeat meas 1-4 three times (four times total).	
	II. <u>SIDE-BEHIND STEPS AND TRAVEL</u> (Solo woman sings.) Sonia and Cristian strongly urge dancers to sing-along during meas 1-2: "Ina Ina gione" (jee-OH-neh).	
1-2	Facing ctr, step R slightly fwd R (ct 1); step on ball of L ft across behind R (ct 2); step R in place (ct &); repeat cts 1,2,& with opposite footwork (cts 1,2,&).	
3	Step R to R (ct 1); step L across behind R (ct 2); small step R to R (ct &).	
4	Facing slightly R of ctr and moving in LOD, step L across R (ct 1); step R to R (ct 2); step L across R (ct &).	
5-16	Repeat meas 1-4 three times (four times total).	
	III. <u>LIFT-STEPS AND CROSS-STEPS</u> (Instrumental)	
	Note: This five-measure dance-pattern is cross-phrased with the four-measure music.	
1-2	Facing slightly R of ctr and moving in LOD, lift on L heel, while extending R slightly fwd (ct 1); take a small step fwd on R (ct &); lift on R heel, extending L slightly fwd (ct 2); small step fwd on L (ct &). Repeat cts 1,&2,&, stepping L in place on final ct & while turning to face ctr.	
3	Facing ctr, step R across L, swinging arms down and slightly back (ct 1); small step L to L, swinging straight arms slightly fwd (ct &); repeating ftwk of cts 1,&, swing straight arms back and fwd (cts 2,&).	
4	Repeat ftwk and arms of meas 3, cts 2,& (cts 1,&); lifting on L heel, swing arms up to W-pos (ct 2); facing slightly R of ctr, step R to R (ct &).	
5	Lift on R heel, extending L fwd (ct 1); facing ctr, step L in place (ct &); step R across in front of L, swinging straight arms down and slightly back (ct 2); small step to L as straight arms swing slightly fwd twd ctr (ct &).	
6-16	Repeat meas 1-5 twice (three times total); then repeat meas 1.	

Sequence: Figs I, II, III, I, II, III, I, II. End the final repeat of Fig II by closing feet together.